



ST. THOMAS ORTHODOX CATHEDRAL - DUBAI
PARISH BULLETIN



**The best way to find yourself
is to lose yourself
in the service of others.**

~Mahatma Gandhi

Happy Gandhi Jayanti!



for members only



Rev. Fr. Ninan Philip Panackamattam

Vicar & President

"And He has put all thing under His feet, and has made Him the head over all things for the church, which is his body, the fullness of Him who fills all in all" (Ephesians 1:22-23).

St. Paul addresses the Church as the body of Christ. Christ is the heavenly bridegroom of the Church. That way, we are inseparable part of Christ's body, and our call is to surrender before Him, do the Divine will and grow in His image and likeness. Our Church fathers who lived, suffered and died for preserving our holy faith and tradition teach us that once we enter the Holy Church through baptism, we are set on his part of ceaseless growth and God-likeness. We have to prove ourselves through our deeds and not through our utterances that their effort and sacrifices have not gone in vain. We have to be ever vigilant about usurers and heretics.

All our teachings are codified. The teachings of our Church fathers are as important as the teachings from the Holy Bible. Nothing is codified which the Church councils had not approved. We, as part of the sacred body of our living God cannot and should not do anything nor listen to anything that was not taught by

our church fathers. That was what St. Paul taught us. Our life and activities are intrinsically tied to the person of Jesus in the Church through the Sacrament. In baptism, we cast our Satan, and confess and receive Christ. In the Holy Qurbana, we partake in the life of Christ by sharing in the Divine Body and Blood of Christ. Thus, the two great nourishments that we get from our life in Christ are the word of God, and the Blood of Christ.

The sacraments of the Church unite us to the Life of God. The worship that we present to God in the Church is the sign of the Church rejoicing in the presence of God and adoring Him for what He is. Church is the body of Christ. Church is more than a collection of believers.

Therefore, let us be attached more to our Church and its various activities, and take an increasing interest in worship, study, meditation and works of charity.

The Orthodox Church emphasizes private and public worship, participation in the sacraments, silence, standing in worship, fasting and vigil and reading the scriptures as part of its spiritual growth. Let us zealously follow them since the Church is the Abode of God,

WHAT IS PRAYER? WHY PRAY? HOW PRAY?

-By- (Late.) H.G Dr. Paulose Mar Gregorios

(Contd. from Vol.7, Issue.9, Sep 2019, Page.5)

3. How Pray?

Prayer has to be learned. It is like swimming. When you are first thrown into the water, you may sink. You then may think that the law of gravity is final and cannot be changed. But there are other laws, like those of buoyancy and motion. The mere knowledge of these laws cannot teach you to swim. One jumps in and slowly, by repeated practice, acquires the skills of remaining afloat and of moving on the surface of or under the water. And some people are more skillful

swimmers than others, because they have learned the rules and acquired the skills by constant practice.

The first rule in prayer as in swimming, is not to give up just because you do not succeed in the first three or four attempts. Prayer is a spiritual skill to be acquired by constant practice.

The second rule, again as in swimming is to 'let go', to let the water support you, to be unanxious and relaxed. In prayer also we have to let ourselves go, relax, trust in God to support you and teach you how to pray.



The third rule is to keep up the practice, even if you do not feel like it, or enjoy it. In the life of prayer, our inherent love of sensual pleasures and our selfish love of laziness and comfort, will interfere to make us reluctant to keep up the practice, finding various excuses for not praying. There is no use saying 'I don't feel like praying' or 'I do not get anything from it.' It will take years before you get the habit of prayer and really begin to enjoy it. One must strengthen the will to have control over the laziness of the body and the desires of the flesh if one is to make progress in the art and skill of prayer. There is nothing like regular practice which can teach you to pray.

A fourth rule, closely connected with the third, is: develop the discipline of prayer through fasting and self-control. Man does not become free and good like God until he learns to control his own inner drives and passions. Restraint of hunger and thirst, of anger and jealousy, of sexual passion, of the desire for glory and flattery, of the desire for bodily excitement and for sensual stimulation, and of all inner turbulences which make us do things against our own free will, is a necessary preparation for prayer. As good athletes competing for the Olympic Games go through very rigorous self-discipline in order to keep their body, muscles and nerves in good condition, so should the man of prayer keep his body, mind and spirit and good condition and under conscious control.

A fifth rule is to use our whole body and even material things in the service of prayer. Prayer is an act of the whole man, body, soul and spirit - not simply an act of the mind. The body can participate in prayer through posture, speech, and acts:

(a) Posture - In our Eastern tradition, the posture for prayer in standing, facing east, with arms uplifted or folded in adoration and worship.

(b) Focus - It is good to have a focal point outside - a cross with two candles on each side, icons or pictures of Christ, of the Blessed Virgin Mother and of the Saints, or even a more elaborate prayer - altar fixed in some part of the house, where the whole family assembles for prayer. Crucifixes, i.e. crosses with the representation of the crucified body of Christ on it, belong to the Western tradition and are not to be encouraged in our tradition. In choosing pictures, it is best to use eastern icons. Pictures with the sacred heart of Christ or of the Virgin Mother are to be avoided, because these belong to a particular period in Latin

piety and are not helpful for a balanced spirituality.

(c) Lips and Mouth - The body must pray - not merely the mind. Let your lips and mouth sing the praises of God, even if your mind does not always follow. The act of the lips and mouth is also your act of prayer, even without the concentration. Singing is better than saying your prayers, for in the very music certain human attitudes and aspirations are expressed.

(d) Wandering of the mind - Do not get anxious about the wandering of your mind. When you become aware that your mind is wandering, bring it back by consciously offering your wandering mind also to God. It is part of our confession about ourselves. "This is what I am Lord, distracted and unable to concentrate. I offer myself to Thee as I am. Take my wandering and distracted mind, and heal it by Thy grace." God will forgive you and transform you gradually.



(e) Gestures - Use the gestures of prostration, bowing the head, making the sign of the cross, and giving the kiss of peace. Words are not the only means of expression we have. Folding the hands and bowing is a sign of adoration, and of waiting for a blessing. Lifting up your hands with palms open, can mean petition, penitence, and intercession. Prostration is like Sashtangapranama, the sign of complete surrender and submission, placing yourselves in the hands of God with full trust. Making the sign of the cross is a way of reminding ourselves that we have been saved by the Cross of Christ, in fact crucified with Christ. Keep your three fingers together (thumb, index and middle fingers) to touch the forehead (symbolizing the Trinity, the source of all life and all good) and make a descending motion to the lower side of your chest to signify the descent of the Son of God from heaven to earth for our salvation, then take your fingers from your left arm to your right arm signifying both the horizontal arm of the cross, and the fact that we who were on the left as children of darkness, have now been brought to the right side of God as children of light. Giving the kiss of peace is the symbol of mutual forgiveness and love, and it is a time for us to overcome all feelings of bitterness or anger against members of the family or others outside.

All these signs are part of a language which goes much deeper than words and transforms our sub-conscious minds which words can seldom reach.

(To be continued...)



FEAST DAYS IN OCTOBER

MAR ADDAI
(Feast Day: October 1)

According to Eastern Christian tradition, Mar Addai was one of the seventy disciples of Jesus. He is possibly identical with Thaddaeus, one of the Twelve Apostles. From an early date his hagiography is filled with legends and fabrications. The saint himself may be entirely fictitious. There is no consensus about life and death of Thaddeus of Edessa, nor even his existence.

Based on various Eastern Christian traditions, Thaddaeus was a Jew born in Edessa, at the time a Syrian city, (now in Turkey). He came to Jerusalem for a festival, and heard the preaching of John the Baptist (St. John the Forerunner). After being baptized by John the Baptist in the Jordan River, he remained in Palestine. He later met and became a follower of Jesus. He was chosen to



be one of the seventy disciples, whom Jesus sent in pairs to preach in the cities and places. After Pentecost and the ascension of Jesus, Thaddeus started preaching the gospel in Mesopotamia, Syria and Persia. Thaddaeus ordained priests in Edessa, converted many to Christianity and built up the church there. He also went to Beirut to preach and founded a church there as well.

The Syriac liturgy referred to as the Liturgy of Addai and Mari, originated around the year 200 AD and is used by the Assyrian Church of the East and the Chaldean Catholic Church that claim a connection to the saint and also by the Chaldean Syrian Church and Syro-Malabar Catholic Church in India founded by Thomas the Apostle.

MAR ABAI (OCT 1)

Abai was a martyr in Syria. He was killed during the reign of Shapur II. He is a saint in the Syriac Orthodox Church and his feast day is October 1. He had been killed by his father Adorpirozgerd who later became a Christian. He was killed together with other 5000 martyrs including his mother Astina (Hwarta). He was

mentioned in the legend of Sābā Pīrgushnasp, a child martyr, who had been a son of the governor of Beth 'Arabaye and had been killed under the Shapur II. Approximately the years of his life are 335-385 AD. Abai is not to be confused with the Syriac saint Abhai.

ST. YELDO MAR BASELIUS
(Feast Day: October 3)

പരിശുദ്ധ പിതാവ്, മർത്തശ്മൂനിഅമ്മയും അവരുടെ 7 കുട്ടികളും രക്തസാക്ഷിത്വം വരിച്ച ഇറാഖിലെ മൊസൂളിനടുത്തുള്ള കട്ട എന്ന ഗ്രാമത്തിൽ 1593 ൽ ജനിച്ചു. നന്നേ ചെറുപ്പത്തിൽ തന്നെ മാർ ബഹനാൻ ആശ്രമത്തിൽ ചേർന്ന് സന്യാസിയായി. 1678 ൽ അന്ത്യോഖ്യൻ പാത്രിയർക്കസായിരുന്ന മോറൻ മാർ ഇഗ്നാത്തിയോസ് അബ്ദുൾ മശിഹായാൽ മഘ്രിയാന ആയി വാഴിക്കപ്പെട്ടു.



ത്തോമായുടെ അഭ്യർത്ഥന പ്രകാരം 1685 ൽ വയസ്സിൽ അദ്ദേഹം മലങ്കരയിൽ മിഷനറി പ്രവർത്തനങ്ങൾക്കു തുടക്കം കുറിച്ചു. മഘ്രിയാനോടൊപ്പം അദ്ദേഹത്തിന്റെ സഹോദരൻ മാർ ഇവാന്റിയോസ് ഹിദായത്തുള്ളയും മറ്റു രണ്ടു സന്യാസിമാരും മലങ്കരയിലേക്കു പുറപ്പെട്ടു എങ്കിലും അവരിൽ മൂന്നുപേർ മലങ്കരയിൽ എത്തിയതായി വിശ്വസിക്കപ്പെടുന്നു. AD 1685 September

ഓട്ടവിൽ അദ്ദേഹവും അനുയായികളും മലങ്കരയിൽ എത്തിച്ചേർന്നു. അദ്ദേഹം അവിടെ അത്ഭുത പ്രവർത്തനങ്ങൾ നടത്തിയതായി പറയപ്പെടുന്നു. പരിശുദ്ധ പിതാവ് കോതമംഗലം പള്ളിയിൽ

ഇന്ത്യൻ സഭയിലെ ചില അസുഖകരമായ സാഹചര്യങ്ങളെത്തുടർന്ന് മലങ്കരയുടെ രണ്ടാം മാർ-



പ്രവേശിക്കുകയും വി. മറ്ബഹായുടെ പടികളിൽ ആസന്നസ്ഥനാവുകയും ചെയ്തു. പള്ളി മണികൾ മുഴങ്ങി. ചുറ്റുവട്ടത്തും ഉണ്ടായിരുന്ന വിശ്വാസികൾ എന്താണ് സംഭവിക്കുന്നത് എന്നറിയാനായി കൂട്ടത്തോടെ അവിടേക്ക് കടന്നു വന്നു. ആ സമയം അവിടെ സുറിയാൻ ഭാഷ അറിവുണ്ടായിരുന്ന ഒരു ശെമ്മാശൻ മനസ്സിലാക്കി എപ്പിസ്കോപ്പ മാർ ഈവാനിയോസ് ഹിദായത്തുള്ള ജനക്കൂട്ടത്തെ കണ്ടു പരിഭ്രമിച്ചു കോഴിപ്പള്ളി എന്ന സ്ഥലത്തു നിൽക്കുകയാണെന്ന്. എന്നാൽ ശെമ്മാശൻ അദ്ദേഹത്തെ കണ്ടു കാര്യങ്ങൾ സമാധാനപരമാണ് എന്ന് ബോധ്യപ്പെടുത്തി തന്മൂലം അദ്ദേഹം അവരോടൊപ്പം പള്ളയകത്തു പ്രവേശിക്കുകയും ചെയ്തു.

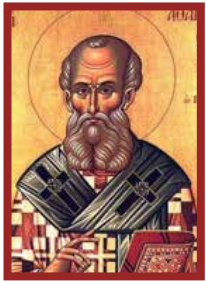
മലയാളം കലണ്ടർ അനുസരിച്ചു. കന്നി മാസം 13 ന് ഇടവകയുടെ കല്പിത പെരുന്നാൾ ആഘോഷിക്കുന്നതിനു മുൻ തീരുമാനപ്രകാരം വികാരി പരിശുദ്ധ പിതാവിനോട് അനുവാദം ചോദിക്കുവാൻ സമൂഹിച്ചപ്പോൾ സ്ലീബാ പെരുന്നാൾ 13 ന് ആണ് ആഘോഷിക്കേണ്ടത് എന്ന് അറിയിച്ചു. തുടർന്ന് ഇടവക വികാരി അത് സ്ലീബാ പെരുന്നാൾ അല്ലെന്നും ദേവാലയത്തിന്റെ കല്പിത പെരുന്നാൾ ആണെന്നും അദ്ദേഹത്തെ മനസ്സിലാക്കിയപ്പോൾ പിതാവ് അനുമതി നൽകുകയും എന്നാൽ സ്ലീബാ പെരുന്നാൾ ആഘോഷിക്കേണ്ടതിന്റെ പ്രാധാന്യം

ത്തെക്കുറിച്ച് അവരെ ഓർമ്മിപ്പിക്കുകയും ചെയ്തു. തൊട്ടടുത്ത ദിവസം കന്നി 14 സ്ലീബാപ്പെരുന്നാളിന്റെ അന്ന് എപ്പിസ്കോപ്പ മാർ ഇവാനിയോസ് ഹിദായത്തുള്ളയെ മെത്രാപ്പോലീത്തയായി മാർ ബസോലിയോസ് എൽദോബാവ വാഴിച്ചു. പരിശുദ്ധ പിതാവ് വാർദ്ധക്യ സഹജമായ അസുഖത്തെ തുടർന്നും നിണ്ട യാത്രാ ക്ഷീണം മൂലവും 1693 ൽ കാലം ചെയ്തു. മൂന്നു ദിവസങ്ങൾ അതീവ ഗുരുതരാവസ്ഥയിൽ കഴിഞ്ഞു. കന്നി 17ന് തൈലാഭിഷേക ശുശ്രൂഷ സ്വീകരിക്കുകയും കന്നി 19 ന് അതായത് september 29 ന് തന്റെ 92-മത്തെ വയസ്സിൽ പരിശുദ്ധപിതാവി ഇഹലോകവാസം വെടിഞ്ഞു. അദ്ദേഹത്തെ മുഴുത്തുരുത്തി മാർത്തോമൻ പള്ളിയിൽ കബറടക്കി. പരിശുദ്ധ പിതാവിന്റെ രോഗാവസ്ഥയിൽ ധാരാളം വിശ്വാസികൾ പ്രാർത്ഥനാ നിരതരായി അവിടെ ഉണ്ടായിരുന്നു. മരണാസന്നനായി കിടന്ന അദ്ദേഹം വിശ്വാസികളോടു പറഞ്ഞു. "ഞാൻ മരിക്കുവാൻ പോകുന്നു. എന്റെ ആത്മാവ് ശരീരം വിട്ടാലും ദേവാലയത്തിന്റെ പടിഞ്ഞാറുവശത്തു ഒരു കരിൽ അടയാളം കാണും". പരിശുദ്ധ പിതാവ് മൊഴിഞ്ഞതു പോലെ തന്നെ അദ്ദേഹത്തിന്റെ 1947 ൽ മലങ്കരയുടെ പരിശുദ്ധ ബസോലിയോസ് ഗീവർഗീസ് ദ്വിതീയൻ ബാവ പരിശുദ്ധ പിതാവിനെ വിശുദ്ധനായി പ്രഖ്യാപിച്ചു. ●



ATHANASIUS OF ALEXANDRIA (Feast Day: October 14)

Athanasius of Alexandria was the Patriarch of Alexandria in the fourth century. He was the first person to formally identify (and canonize) the same 27 books of the New Testament that are in use today. He also wrote a biography of Anthony the Great that later served as an inspiration to Christian monastics in both the East and the West. In about 319, when Athanasius was a deacon, a presbyter named Arius began teaching that there was a time when Jesus did not exist and that he had been created by God - a view which came to be known as Arianism. This Christological formulation, which seemed to contradict some elements of Christian practice, soon polarized the entire Christian community. Athanasius's theological commitment to Jesus's divinity (in addition



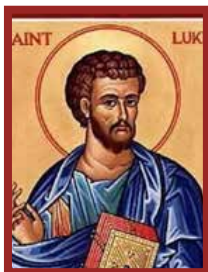
to his role as Alexander's secretary) led the young deacon to accompany his master to the First Council of Nicaea in 325 AD, a council (ordered by Emperor Constantine I) whose goal was to formally resolve the question of Christ's divinity, in order to avoid schisms within the church. At this 4 council, Athanasius and Alexander firmly sided with Constantine against the proponents of Arianism, On May 9, 328, he succeeded Alexander as bishop of Alexandria, becoming the 20th Patriarch of the Church of Alexandria, a position which he held for 45 years, out of which 16 years he spent in exile, Hiding from Arian supporters in the Imperial court, the local churches, and even, at times, the Vatican. [6] During his various exiles, he traveled throughout



Christendom, teaching the Nicene Creed and spreading the tales of the exemplary Desert Fathers (especially Saint Anthony). During 364 AD (and after decades of persecution), Athanasius was officially and publicly pardoned by Emperor Valens and was invited to return to his diocese. There he spent the remaining years of his life ministering to his community and performing his various ecclesiastical duties. This period is eloquently summarized by Cornelius Clifford:

ST. LUKE, THE EVANGELIST (Feast Day: October 18)

Saint Luke was one of the Four Evangelists—the four traditionally ascribed authors of canonical Gospels. He had become a disciple of the apostle Paul and later followed Paul until Paul's martyrdom. He served the Lord continuously, unmarried and without children, filled with the Holy Spirit. Luke's unique perspective on Jesus can be seen in the six miracles and eighteen parables not found in any other gospels. Luke's is the gospel of the poor and of social justice. He is the one who tells the story of Lazarus and the Rich Man who ignored him. Forgiveness and



God's mercy to sinners is also of first importance to Luke. Only in Luke do we hear the story of the Prodigal Son welcomed back by the overjoyed father. Luke, was born in Antioch, by profession, was a physician. Luke became a close companion of Paul of Tarsus and accompanied him on his missionary journeys. It is very possible that Luke provided medical assistance to Paul when he had been beaten, stoned or nearly drowned while evangelizing to the Western Roman Empire. Luke lived a long life and died at age 84 in Boeotia.



APOSTLE JAMES, SON OF ALPHEUS (OCT 18)

Holy Apostle James the son of Alphaeus one of the Twelve Apostles, was the brother of the holy Evangelist Matthew. He heard the Lord's words and witnessed His miracles. After the Descent of the Holy Spirit, the Apostle James Alphaeus and the Apostle Andrew the First-Called (November 30), made missionary journeys preaching in Judea, Edessa, Gaza, Eleutheropolis, proclaiming the Gospel, healing all sorts of sickness and disease, and converting many to the path of salvation. Saint James finished his apostolic work in the Egyptian city of Ostrachina, where he was crucified by the pagans.

Upcoming Programmes

Sunday School Zonal Competition	4 TH Oct. 2019
MGOCSM Day	1 ST Nov. 2019
OCYM Zonal Youthfest	11 TH Oct. 2019
C. P Chandy Memorial Inter Prayer Group Badminton Tournament	25 th Oct. 2019 & 9 th Nov. 2019
Akhila Malankara Central Exam (MMS)	18 th Oct. 2019



Parish members Onam celebrations







Mini Harvest Festival



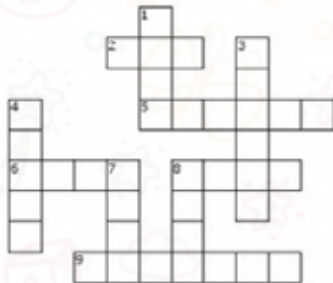


The Parable of the Sower



But the one who received the seed that fell on good soil is the man who hears the word and understands it. Matthew 13:23a

Based on Matthew 13:1-9, 18-23 (NIV)



ACROSS

- 2. To put seeds in the ground so that plants will grow
- 5. Small, sharp, pointed growths on the stem of a plant
- 6. Plants such as grain, vegetables, or fruit grown by farmers
- 8. A small, usually hard part of a plant from which a new plant can grow
- 9. Not deep

DOWN

- 1. The part of a plant which grows down into the earth
- 3. A person who owns or takes care of a farm
- 4. Covered with stones
- 7. A way made by or for people walking on the ground
- 8. The upper layer of earth that may be dug or plowed and in which plants grow

PATH	CROP	SOIL	THORNS	ROOT
SHALLOW	FARMER	SEED	SOW	ROCKY

1. To which bereaved woman did Jesus say, "Don't cry!"?
2. When Dr. Luke described the healing of a man on the Sabbath, he diagnosed the man's illness, using a medical term found nowhere else in the New Testament. What was the illness?
3. Only one of Jesus' miracles is recorded in all four Gospels. Which miracle?
4. What is the Bible reference for this verse, "For God so loved the world that he gave his one and only Son...?"
5. After meeting Jesus, who said that he would give away half of his possessions to the poor?
6. Which Gospel starts with the words, "The beginning of the gospel about Jesus Christ, the Son of God"?
7. To which woman did Jesus say, "Daughter, your faith has healed you. Go in peace and be freed from your suffering"?
8. What was unusual about the place where Jesus healed a little girl who was possessed by an evil spirit?
9. Which top Jewish religious leader visited Jesus at night?
10. Which Gospel opens with the words, "In the beginning was the Word...?"
11. How old was Jesus when his parents took him to the temple in Jerusalem for the Passover?
12. Where did Jesus attend a wedding reception?

Answers

1. The widow of Nain who was about to bury her son 2. Dropsy, which is an accumulation of fluid 3. The feeding of the 5,000 4. John 3:16 5. Zacchaeus 6. Mark's Gospel 7. To a woman who had been suffering from bleeding for twelve years 8. The miracle took place outside Tyre and Sidon 9. Nicodemus 10. John's Gospel 11. 12 years old 12. Cana

**ST. THOMAS ORTHODOX CHRISTIAN YOUTH MOVEMENT (OCYM)**

Regular Meeting on Every Friday at OCYM Hall

Contact: 050 304 3637, Email: ocymdubai@gmail.com, Website: www.stthomasocymdubai.org

JOB CELL

Active job seekers and job providers forum within the Church. Providing orientation for job seekers.

Ensuring appropriate candidates for job providers.

Contact: 050 9385982, Email: jobcellocymdubai@gmail.com

LIBRARY

Library opens every Friday after the Holy Qurbana. Collection of more than 10,000 of books including children's books. Contact: 052 8395577, Email: ocymdxblibrary@gmail.com

DIVYABODHANAM

Classes for Bible Study, Church History, Fundamentals of Malankara Orthodox Church.

Every Monday 8 pm to 9.30 pm. Contact: 055 3525278, Email: ocymdubai@gmail.com

SUNDAY SCHOOL

Re-opens on 6th September 2019.

Regular Classes 10:30 am to 12:30 pm.

Verses competition after SS classes on 20th September 2019 from 12:00 noon to 1:00 pm.

Registration from 13-9-19 to 27-9-19 for the 10th & 12th OKR Exam. December 2019. (Regular & Private)

MOMS

Regular Meeting on Every Friday after Holy Qurbana. Medical Checkup on alternative Fridays.

Zonal Event (Martha Mariam Smrithi) on 20th September 2019 in Abu Dhabi Church

MGOCSM

Regular Meeting on Every Friday after Holy Qurbana

STOC MEDICAL FELLOWSHIP

Regular Meeting on Every Second Wednesday after intercessory prayers

STOC SENIOR CITIZEN'S FORUM

Regular Meeting on Every First Wednesday after intercessory prayers

NEW MEMBERS JOINED IN SEPTEMBER 2019

No.	Cardex	Name	Mobile#	Area	Home Parish
1	S759	Sanju Simon	971551727535	Sharjah - Alnahda	St.thomas Orthodox Syrian Church, Chembukavu, Thrissur
2	L110	Lijo Varghese Koshy	971547786069	Bur Dubai	St.stephen's Orthodox Syrian Church Alappuzha
3	R393	Ranjith Mathew	971506747847	Mirdif Silicon Oasis	St.john The Baptist Orthodox Syrian Church, Kakkanad
4	B427	Binu Mathew	971502774814	Alquoz/Jabali	St. Mary's Orthodox Church, Panthaplave P.o, Pattazhy
5	J800	Jinu Daniel	971558053550	Port Sayd/Hor Al Anz	St. Elijah Orthodox Syrian Church, Koduvila
6	N060	Noble James	971504035077	Karama	Mar Aprem Orthodox Church, Chakkuvarakal
7	M433	Mathew M Abraham	971554780659	Port Sayd/Hor Al Anz	Mar Elijah Orthodox Syrian Church, Kadathoor
8	R394	Rony Thampi	971505032825	Mirdif Silicon Oasis	St. Gregorios Orthodox Syrian Church, Dighi, Pune
9	V315	Varughese George	971581991908	Mirdif Silicon Oasis	St. Mary's Orthodox Church, athanamthitta
10	V316	Varghese Thomas	971565507116	Port Sayd/Hor Al Anz	St.mary's Orthodox Valiyapally, Kollam.
11	R395	Renju Verghese	971557813720	Karama	St.gregorios Orthodox Syrian Church, Elamkulam,
12	A476	Akil Cherian Jacob	971586338713	Mirdif Silicon Oasis	St.kuriakose Orthodox Syrian Church Pathanamthitta
13	T341	Terry Thomas	971502102693	Al Ghusais 1	St. Thomas Orthodox Cathedral Dubai
14	B428	Bineesh Abraham	971505218175	Al Shaab	St.thomas Orthodox Cathedral, Kunkiripetty, Kumily

AREA PRAYER MEETING SCHEDULE FOR THE MONTH OF OCTOBER 2019

DAY & DATE	WEEK	AREA	NAME	CARDEX	ADDRESS
5 TH OCT 2019 SATURDAY	FIRST	AL SHAAB	MR. MATHEW JOSEPH	M224	FLAT # 306, AL HABTOOR BLDG. NO:4, OPP: CANADIAN HOSPITAL, AL SHAAB CONTACT: 0505354900
5 TH OCT 2019 SATURDAY	FIRST	PORT SAEED- HOR AL ANZ	MR. JOHN C JOHN	J280	APARTMENT # 103, JUMA AL MAJID BLDG. F 1 BLOCK, MURAAQABAT , DEIRA CONTACT : 0506251499
7 TH OCT 2019 MONDAY	FIRST	AL GHUSAIS	MR. GEORGE MATHEW	G140	VILLA #39, DUTCO VILLA COMPLEX BEHIND HOR AL ANZ FAMILY RESIDENCE CONTACT: 0505349427
12 TH OCT 2019 SATURDAY	SECOND	BUR DUBAI	MR. JENSON MATHEW	J259	CHURCH HALL CONTACT: 0507642622
12 TH OCT 2019 SATURDAY	SECOND	AL QUOZ- JE- BEL ALI	MR. EMIL EAPEN JOHN	E048	CHURCH HALL CONTACT: 0585756876
14 TH OCT 2019 MONDAY	SECOND	AL NAHDA - DUBAI	MR. ANIL ACHENKUNJ	A345	FLAT # B914, AL SHAMS BLDG. ABOVE MEGA MART, CONTACT: 0508659088
14 TH OCT 2019 MONDAY	SECOND	KARAMA	MR. BIJUMON KUN- JACHAN	B149	FLAT # 1002, 10TH FLOOR AL HABABI BLDG., NEXT TO DUNES HOTEL APT. OUD METHA, CONTACT: 0506567933
19 TH OCT 2019 SATURDAY	THIRD	SHARJAH-OTH- ER EMIRATES	MR. JEBOY K CHACKO	J448	CHURCH HALL CONTACT: 0554582772
19 TH OCT 2019 SATURDAY	THIRD	YOUSEF BAKER- FRIGE MURAR- NAIF ROAD	MR. SAJI P.K	S295	FLAT # 106, BLDG. NO: 23, AL BARAHA APARTMENT, NEAR JESCO SUPER MARKET, AL BARAHA, CONTACT : 0507857826
21 ST OCT 2019 MONDAY	THIRD	MUHAISANA - LULU VILLAGE	MR. JOBI JOHN	J555	CHURCH HALL CONTACT : 0506763117
21 ST OCT 2019 MONDAY	THIRD	AL GHUSAIS	MR. VARGHESE KURIAN	V161	FLAT # 204, AL RAHA BLDG., NEAR EPPCO PETROL STN., INDL AREA 4, AL GHUSAIS, CONTACT: 0504815228
26 TH OCT 2019 SATURDAY	FOURTH	SHARJAH - AL NAHDA	MR. JOBY GEORGE & MR. SUNIL P. GEORGE	J346 S249	CHURCH HALL CONTACT : 0554940949 CONTACT : 0506563367
26 TH OCT 2019 SATURDAY	FOURTH	SATWA	MR. BIJU C JOSEPH	B372	CHURCH HALL CONTACT : 0508976213
28 TH OCT 2019 MONDAY	FOURTH	MIRDIFF - SILLI- CON OASIS	MR. MANOJ MATHEW	M314	CHURCH HALL CONTACT : 0556573963
28 TH OCT 2019	FOURTH	KARAMA	MR. SAJI VARGHESE	S147	FLAT #207, WASL AMBER, NEAR KARAMA POST OFFICE, CONTACT : 0506573941

SONAPUR PRAYER MEETING - EVERY FRIDAY EVENING AT EVERHOT CAMP @ 17:00 - 19:00 HRS

CHURCH OFFICE BEARERS - 2019

Rev. Fr. Ninan Philip	Vicar & President	058 2647826	frnpp7@yahoo.co.in
Rev. Fr. Sibiu Thomas	Asst. Vicar	055 9394059	fr.sibuthomas@gmail.com
Binu Varghese	Hon. Trustee	056 6939777	buzzbinu@gmail.com
Babuji George	Hon. Secretary	055 6123959	bajigeorge@hotmail.com
Varghese Chacko	Hon. Jt. Trustee	050 5753229	varghese.chacko@ramlaint.com
Alexander Jose Alex	Hon. Jt. Secretary	058 1662729	josealex256@gmail.com